



My Spirit Guide Told Me... Wait, I Am Hearing Voices, Am I OK? By Karen Sue Nyquist

Some people, who are active in the New Age or are on other spiritual paths, have accepted “spiritual guides.” They hear these guides speaking to them in their minds. Is hearing voices even ok?

1. Hearing voices usually is nothing to worry about. About 1 out of 10 people hear voices in their head at some time or other (www.healthline.com i-hear-voices-in-my-head). If the voices are accompanied by serious health issues or mental health issues, you need to be seen by a doctor (healthgrades.com - hearing voices). If those two red flags are not popping up (mental or physical problems), you can assume that you are probably in the same boat as many people are. (Of course, if your mental conditions worsens, then get medical help.) **If they are troubling you, you must find out where they are coming from!**

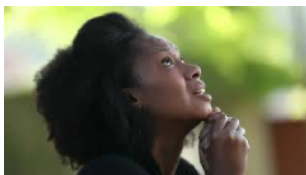
- 2. Where can these voices come from?** Sometimes it can be God or one of His angels talking to you. “You shall walk after the Lord your God and fear Him, and keep His commandments and obey His voice;” (Deuteronomy 13:4).
- Elijah heard God’s still small voice (1 Kings 19:12-13).
 - The early disciples heard the Holy Spirit (Acts 13:2).
 - Jesus said, “My sheep (*people*) hear My voice, ... and they follow Me” (John 10:27).
 - Mary and Daniel heard messages from angels. (Luke 1; Daniel 8).
- 3. Where else do these voices come from?** Sometimes it can be Satan and or one of his demons speaking to you.
- Satan spoke to Eve (Genesis 3).
 - Satan spoke to Jesus (Matthew 4).
 - Satan spoke to Simon Peter (Luke 4:8).
- 4. Why would Satan or a demon speak to us?** He has several objectives.
- Then Jesus was ... **to be tempted** by the devil” (Matthew 45:1).
 - “The thief (*satan or a demon*) does not come except to **steal**, and to **kill**, and to **destroy** (John 10:10).
 - “the snare of the devil, **having been taken captive** by him to **do his will**” (2 Timothy 2:26).
 - “But I fear, lest somehow, as the serpent **deceived** Eve by his craftiness, **so your minds may be corrupted...**” 2 Corinthians 11:13).
- 5. You might think, “I would know if my spirit guide is a demon or an angel.”**
Are you sure? You can’t depend just on your feelings. Because, ...
- “... Satan himself transforms himself into **an angel of light**” (2 Cor. 11:14).
 - “But I fear, lest somehow....**you receive a different spirit** which you have not received,... **you may well put up with it!**” (2 Corinthians 11:3-4).

A demonic spirit wants to deceive you. He will transform himself into the most loving, warm, caring, cozy presence. Once he has deceived you and has your confidence, then he will start working to accomplish his goals.

- 6. The Bible warns us to have nothing to do with demons.** You have to know for sure that your “spirit guide” is pure and from God, so it can be trusted.
- “I do not want you to have fellowship with demons” (1 Corinthians 10:20).
 - “giving heed to **deceiving spirits** and doctrines of demons,” (1 Timothy 4:1).
 - “This **wisdom** does not descend from above, but *is* earthly, sensual, demonic” (James 3:15).
- 7. Is there anyway to be sure, if the spirit is someone that you should trust?**
Yes! God, in His loving wisdom, has given us several ways to know for sure.



- a. **Compare what the voice is saying with God's Word.** - God and His angels will never tell you anything that is against His Word. (You must read the Bible to know what is in it.)
 - b. **Pray for the Holy Spirit to lead you.** - "He (*the Holy Spirit*) will guide you into all truth;" (John 16:13) or He might give you Discerning of Spirits (1 Corinthians 12:10).
 - c. **Test the spirits** - "Beloved, do not believe every spirit, but **test the spirits, whether they are of God**; because many false prophets have gone out into the world. By this you know the Spirit of God: **Every spirit that confesses that Jesus Christ has come in the flesh is of God**, and every spirit that does not confess that Jesus Christ has come in the flesh is not of God" (1 John 4:1-3). This is best way if you don't know the Bible and are a new Christian.
- 8. The Lord taught me to test the spirits years ago.** He allowed 3 spirits to take turns visiting me. Each voice spoke to me in my mind not through my ears.
- a. **The first spirit** - The first spirit felt like the Holy Spirit. It started speaking to me, but after a few sentences, even though he had said **nothing contrary to the Bible**, there was a check in my spirit. I felt that something is not right. I was surprised and was not sure what to do. I prayed quickly. Then the Holy Spirit brought this Bible quotation to my mind (1 John 4:1-2). So, I told the spirit, "Confess that Jesus Christ has come in the flesh!" The spirit stopped talking and paused. I repeated the command. He hesitated, then I felt him leave! At first, I was shocked, then I started speaking in tongues, filling myself up with the Holy Spirit.
 - b. **The second spirit** - This one felt like it was so full of love, warm, and friendly. Before he had had a chance to say much of anything, I decided, I better test the spirit, just as the Holy Spirit had showed me a few moments before. I commanded him, "Confess that Jesus Christ has come in the flesh!" He responded, so reassuringly, "That's not necessary." I answered back, "Yes, it is, confess that Jesus Christ has come in the flesh!" He paused, then I felt a lot of agitation, agitation, agitation coming from him. He screamed and left! Wow! I knew that the Lord was teaching me something, that He was there with me, so I was not afraid.
 - c. **The third spirit** - He started speaking, so I gave him the same command. Immediately, the Holy Spirit flooded me and I started praising the Lord. I had learned the lesson, I had passed the test! The third spirit stayed around for a few moments, enjoying me praising the Lord. Then he left also.
- 9. You need to test those "spirit guides."** If they don't pass the test, cast them out, in the name of Jesus. You can ask a mature Christian to help you.
- 10. Decide to Follow Jesus. He is the only way.** "Jesus said to him, **"I am the way, the truth, and the life. No one comes to the Father except through Me"** (John 14:6). "if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation" (Romans 10:9-10). His Holy Spirit will become your new "spirit guide." Then He will lead you in the right way to live and all the way to eternity in heaven.



A Suggested Prayer: "Dear God, I repent from trying to live my life my way and ask You to be my Lord and Savior. Forgive me for all my sins and cleanse me from all my sinful ways. Make me the kind of person You want me to be. Right now, Jesus, I open my heart and receive You as my personal Lord and Savior. AMEN!"

Name _____ Date _____

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