

Spiritual Warfare Prayer Walking for Soul Winners

By Karen Sue Nyquist

(My added words within quotes are in parentheses and italics. - KSN)



A. Claim Our Territories - God wants us to claim our territories, to take land He has given us for His Kingdom. “Ask of Me, and I will give *You* The nations *for* Your inheritance, And the ends of the earth *for* Your possession” (Psalm 2:8). He instructed Jeremiah, “**See, I have this day set you over the nations and over the kingdoms, To root out and to pull down, To destroy and to throw down, To build and to plant**” (Jeremiah 1:10). Jeremiah was a serious spiritual prayer warrior! God wants us to sow His gospel into the hearts of men living in our land, in order to reap a large harvest of souls. “And He (*Jesus*) said to them, ‘Go into all the world and preach the gospel to every creature’” (Mark 16:15). Jesus also taught us to pray, “Your kingdom come. Your will be done On earth as *it is* in heaven... For Yours is the kingdom and the power and the glory forever. Amen” (Matthew 6:10,13). We should prepare our land the way Jesus did. What? How do we do that?

B. Preparing the Land - Before a farmer plants seeds for a future harvest, he has to break up the hard, dry ground by plowing and watering it. “Break up your fallow ground, For *it is* time to seek the Lord” (Hosea 10:12). What did Jesus do to prepare His land? He did a lot of walking and a lot of praying. **What does Spiritual Warfare Prayer Walking do?**

1. Prayer Walking prepares the spiritual atmosphere where we later will evangelize and win souls. It involves “tearing down strongholds, casting down arguments, and every high thing that exalts itself against the knowledge of God” (2 Corinthians 10:4-5). God will give us Discernment of Spirits, Words of Knowledge, and Words of Wisdom to help us know what demonic strongholds we need to tear down, what demonic spirits we need to bind, and what spiritual blessings we need to release, to loose into the land (Matthew 16:19). We can command the demonic spirits to leave and ask God to have His mighty angels escort them out (2 Kings 6:17-20). Then when we go to witness and sow the seeds of the gospel, the heavens will already be opened (Isaiah 4:1).

2. Pray Walking softens people’s hearts, making them “good ground” as in the Parable of the Sower (Matthew 13). With their hearts softened, ready for the gospel, the harvest will be even more bountiful, 30, 60, even 100 fold (Matthew 13:23). “Then He (*Jesus*) said to them, ‘The harvest truly *is* great, but the laborers *are* few; therefore pray the Lord of the harvest to send out laborers into His harvest’” (Luke 10:2).

3. Prayer Walking prepares our hearts, changing us so we truly love the land and the people and develop a sense of connection with both. “And should I not pity Ninevah (*San Francisco and the Bay Area*), that great city...?” (Jonah 4:11). We also start taking ownership of the land and taking the dominion that God wants us to have over the land. “Then God said, ‘Let Us make man in Our image, according to Our likeness’ ... Then God blessed them, and God said to them, ‘Be fruitful and multiply; fill the earth and subdue it; have dominion over the fish of the sea, over the birds of the air, and over every living thing that moves on the earth’” (Genesis 1:26-28).

4. Prayer Walking, in God’s timing, will help us reap the harvest of souls for God’s Kingdom. “To everything *there is* a season, A time for every purpose under heaven: ... A time to plant, And a time to pluck *what is* planted” (Ecclesiastes 1:1-2). In the New Testament, the Kingdom of God is mentioned 57 times, mostly by Jesus Himself. Now is the time of that supernatural harvest!

C. Pray 4 a City - (<https://pray4a.city/prayer-walking-guide>)

(Pray Against) Opposition - “Satan” means “adversary.” When we prayer walk, we actively engage in a spiritual battle (Ephesians 6:10-20). We take the power and Spirit of God into enemy territory. But our weapons, the Word of God and prayer, are greater than the weapons of the world or the enemy (2 Corinthians 10:4). We go forth in victory and as we prayer walk, we seek victory for the territories, cities, and villages where we pray. “If God is for us, who can be against us?” (Romans 8:31). (Remember, “The angel of the Lord encamps all around those who fear Him, And delivers them” (Psalm 34:7). - KSN)



D. PRAYER WALKING: Spiritual Warfare in Action - <https://disciplesdevelopment.org/2016/08>

Prayer walking is praying on-site (location) with insight (cognitive observation) and inspiration (Holy Spirit revelation). It is talking to God about people rather than talking to people about God. **It is preparing the land for a visitation and revival.**

1. Prayer Walking is Identificational Intercession - This is to identify yourself with the sins of the people among whom you live and to ask God for His blessing, etc. on their behalf.

a. "So I sought for a man among them who would make a wall, and stand in the gap before Me on behalf of the land, that I should not destroy it; but I found no one" (Ezekiel 22:30).

b. This is Nehemiah's intercessory prayer for Israel when they were in captivity " ...that You may hear the prayer of Your servant which I pray before You now, day and night,... and confess the sins of the children of Israel which we have sinned against You. Both my father's house and I have sinned..." (Nehemiah 1:6).

2. Prayer Walking is Praying on Location -

a. *(God told Abraham)* "Go, walk through the length and breadth of the land, for I am giving it to you" (Genesis 13:14-17).

b. "And the Lord said to Joshua: 'See! I have given Jericho into your hand, its king, and the mighty men of valor. You shall march around the city, all you men of war; you shall go all around the city once. This you shall do six days... on the seventh day ... the wall of the city will fall down flat'" (Joshua 6:2-5). *(Our prayer walking will bring down spiritual walls that have prevented or slowed down the acceptance and expansion of the gospel. - KSN)*

3. Prayer Walking is Praying with Insight and Understanding (Pray for Discernment and Use These Two Strategies) -

a. **Spiritual Mapping** - Research the history of an area, city, etc. and ask, "What has happened here and what is God's desire for the community or area?"

b. **(Spying out the Land)** - "Then Moses sent them to **spy out the land** of Canaan, and said to them, 'Go up this way into the South, and go up to the mountains, and see what the land is like: whether the people who dwell in it are strong or weak, few or many; whether the land they dwell in is good or bad...' " (Numbers 13:16-20).

4. Prayer Walking While Being Clothed in the Power of the Spirit (Pray in Tongues) -

a. "Then He (*Jesus*) said to them, 'The harvest truly is great, but the laborers are few; therefore pray the Lord of the harvest to send out laborers into His harvest. Go your way; behold, I send you out as lambs among wolves ...' Then the seventy returned with joy, saying, 'Lord, even the demons are subject to us in Your name.' And He said to them, 'I saw Satan fall like lightning from heaven. Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you...' " (Luke 10:1-23).

b. "...Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand" (Ephesians 6:10-13).

5. Prayer Walking is for the Advancement of God's Kingdom - "Prepare the way of the LORD; make straight in the desert a highway for our God ... The glory of the Lord shall be revealed, And all flesh shall see *it* together" (Isaiah 40:3, 5).

E. Strategies for Spiritual Warfare Prayer Walking -

1. Spiritual Mapping - Before going to a particular area, if possible, do a study on the history and/or current news about the area. This can help identify the spiritual climate and needs of the community.

2. Spying Out the Land - As we go out, ask God to show us what we need to see in the natural and what we need to discern in the spiritual. He will help us discern the spirits that are there and the spiritual needs of individuals living there.

3. Keep records - Discuss with each other what God revealed to you and jot them down. Also write down any other information you think is important so you won't forget and you can share it with other prayer walkers and soul winners.



4. Be Quiet and Inconspicuous - Spies don't want to be noticed.

When we go out, individually, by 2's, or by 3's, we are to be inconspicuous. We should be praying very quietly. We don't want to frighten others or bring reproach to the gospel by making a scene. Quiet, in the Spirit, can be very powerful!

F. Testimonies of Spiritual Warfare Prayer Walking in San Francisco Districts - Notice the various Gifts of the Spirit (2 Corinthians 12:8-10 **and visions** (Acts 2:17) that can happen because of Spiritual Warfare Prayer Walking!

1. Richmond - Once, while on a spiritual warfare prayer walk in San Francisco, a couple Christian brothers prayed quietly in front of a known satanist's home. Two blocks away, two others and I all saw a **vision** of the 3 demons, who were cast out of the satanist's house, fleeing past us! They looked like shadows that were made of black material, being blown and running in the wind. When the seventy-two disciples returned, after casting out demons, they told Jesus what had happened. He responded, "I saw Satan fall like lightning from heaven" (Luke 10:18).

2. Mission - Another time, we were doing a spiritual warfare prayer walk and felt the heavy spiritual oppression (**awareness of the spiritual atmosphere**), block after block. But when we crossed one street, we sensed spiritual peace on that block. Immediately, the Lord revealed to me that prayer warriors living there had changed the spiritual atmosphere (**Word of Knowledge**). "The effective, fervent prayer of a righteous man avails much" (James 5:16)!

3. Civic Center - Our team prayed around the city and federal governmental buildings, **binding and loosing** and **tearing down strongholds** as we felt led. As we were leaving, I looked across the plaza at the Asian Art Museum. Suddenly, I saw a **vision** of darkness under the ground in front of the museum. I saw two bright lights, eyes staring at me. From there, I felt spiritual movement (**Spiritual Discernment**) underground and a moving giant dragon slowly came into view. Then the vision vanished. God revealed that there were ancient demons underground that were negatively influencing San Francisco's government. He wanted us to pray against them, uproot them, and cast them out (**Words of Knowledge and Wisdom**).

4. Castro - On several occasions, another soul winner and I walked through Castro, witnessing to people and passing out tracts. We saw the perversion but felt such love and compassion from God for the people. We felt the various demons (**Discernment of Spirits**), but we did not yet know about spiritual warfare. Before getting out of the car, we would pray. One time, the Lord told us, that the one who reacts the most violently would be the one that He was working on the most (**Word of Knowledge**). Sure enough, one man let his dog charge at us, but kept it on a leash. The next time we saw him, he came at me and pushed me violently with his chest, making me almost fall. Later, back in the car, we remembered what the Lord had said, rejoiced and prayed for him some more. Years later, I couldn't do a prayer walk but was driving around and through Castro doing a "prayer drive." I was **binding and loosing** (Matthew 16:19) what was reasonable for that neighborhood (**spiritual mapping**). Then the Lord asked me what I felt. I said, "Hopelessness." His Spirit confirmed that and told me, "Hope is the door to faith" (**Word of Knowledge**). So I continued driving, binding the spirit of hopelessness and releasing hope and faith throughout the community.

5. Haight-Ashbury - Besides having a burden for Castro, I also had one for Height-Ashbury. This area is full of witchcraft and the occult so I had jotted those spirits down (**spiritual mapping**). One time, while walking through praying, observing, and jotting down notes (**spying out the land**), the Lord told me just to sit down and write what I felt (**Spiritual Discernment**). Then I prayed according to what He revealed to me. Some time later, I was praying at home and felt the Lord tell me that many in Haight-Ashbury were run-a-ways. They had left home, family, and situations and came there looking for something (**Word of Knowledge**). He wanted me to go there and tell someone they needed to go home (**Word of Wisdom**). I don't recommend going out by yourself at night, but since it was from the Lord and I had such peace, I knew it was OK. I drove there, parked, and was walking down a street, asking the Lord to lead me to the right person (**divine appointment**). It was already dark, but I saw one young woman sitting on the front stairs of her place. I started up a conversation with her. She began unloading her pains and concerns. She was Jewish and had moved from the east coast. At the urging of the Holy Spirit, I told her that I felt God was saying that she needed to go home.



Looking at me, she burst into tears and said, “You’re right, I need to go home. That’s what I will do, I am going home.” That is all the Lord wanted me to do. That night, the prayers **3** of a grieving family were answered and their lost loved one was put on the right path toward home and, I believe, toward God.

6. Chinatown - A group of us spiritual war prayer walkers would meet every week day 4:30 am, at the church prayer room, then drive to Chinatown. We had planned on going for 14 days, but did not feel our assignment was completed after 14 days, so we continued. We would arrive while it was still dark. We would go **binding and loosing, tearing down strongholds** (2 Corinthians 10:4), observing and doing whatever we felt led to do (**spying out the land**). One of the brothers was Chinese and explained to us the Asian mindset toward religion (**spiritual mapping**).

a. One morning, while at the prayer room, the Lord put a heavy prayer burden on me, He was calling me into **travailing prayer**. That is too heavy and intense for prayer walking, so I asked to stay in the prayer room. The team insisted they really needed me, so I rode with them. But after we parked, the prayer burden increased and I insisted that I had to stay in the van to pray. They agreed and left. From experience I have learned that travail is spiritual warfare and is the birthing of a miracle, so I dare not push that call away (**Working of Miracles**). After a period of travail, the burden lifted and the Lord let me hear, in the spirit realm, an amazing conversation He was having. A precious Chinese man was praying and crying out to Jesus, hungry for Him, yet so afraid. He said he feared leaving his family’s religion which included ancestor worship. He did not want to hurt his relatives, but he wanted Jesus so much. With amazing love, compassion, and understanding, Jesus was reassuring him that He would be with him and to come to Him. The man agreed and I heard no more of the conversation. How awesome! I knew that I had been praying for him (as well as for others). The power of travailing prayer and of spiritual warfare prayer walking is amazing! It was working! It is life changing!

b. Later on another morning, as the team was prayer walking, one of the Christian brothers said that he felt, in the spiritual realm, that big stones were falling from the sky landing all around us. I responded, that I had been feeling like I was dragging my feet through rubble that was all around us. With those two **spiritual revelations**, we knew that we had succeeded in tearing down demonic strongholds. After 21 days, our prayer assignment was completed! The spiritual atmosphere and the land were ready for God to send in His soul winners. They could sow the seeds of the gospel and reap the harvest of souls for the Kingdom of God. Hallelujah!

G. A Step-by-Step Guide to Prayer Walking Scriptures and Changing Lives, <https://multiplyingdisciples.us/a-step-by-step-guide-to-prayer-walking-scriptures-and-changing-lives>.

The 5 H’s Framework - (Focus points and verses we may use.)

1. Open Heavens - Focus: God’s Presence Becoming Evident: “Oh, that you would rend the heavens and come down...” (Isaiah 64:1-4). “Open the windows of heaven and pour out blessing” (Malachi 3:10). Outpouring of God’s Spirit - (*In these last days, God will pour out His Spirit on His servants, both men and women. They will see visions, dream dreams, and prophesy* (Acts 2:17-21).

(Possible) Prayer Points: (Pray with Empathy for Blessings) - Physical healing for sick neighbors, Financial provision for struggling families, Restoration of broken relationships, Spiritual awakening in the community

2. Open Hearts - Focus: Spiritual Receptivity (Binding Unbelief, Doubt, False Religions and Traditions, and Releasing Hope, Faith, and Truth): “The Lord opened Lydia’s heart to respond to Paul’s message” (Acts 16:14). “I will give you a new heart” (Ezekiel 36:26). “Then he opened their minds to understand the Scriptures” (Luke 24:45).

(Possible) Prayer Points: Recognition of the need for salvation, Softening of hardened hearts, Understanding of the gospel message, Removal of spiritual blindness

3. Open Homes - Focus: Entire Households Coming to Faith (Binding Lying Spirits, Releasing Openness to God’s Truth): The Philippian jailer and his household (Acts 16:31-34). Cornelius, (*the Roman Centurion*), and his household (Acts 10:24-48). Salvation comes to Zacchaeus, (*the tax collector, and his*) household (Luke 19:1-10).



(Possible) Prayer Points: (Pray for Divine Appointments) - Identification of “persons of peace” in your neighborhood (*persons who accept you and the gospel, and could be key to winning many souls in that area* - (Luke 10:5-6), Salvation of entire families, Positive influence through family networks, Transformation of home environments

4. Open Highways - Focus: Removal of Obstacles to the Gospel (Tearing Down Strongholds and Casting Out Demons): “Make straight in the desert a highway for our God” (Isaiah 40:3-5). “Build up, build up, prepare the road!” (Isaiah 57:14). “Make straight paths for Him (Jesus Christ, the Messiah)” (Luke 3:4-6).

(Possible) Prayer Points: (Pray Faith-filled, Powerful Prayers) - Breaking down of cultural barriers, Elimination of spiritual opposition, Clear paths for gospel conversations, Removal of misunderstandings about faith

5. Open Hands - Focus: Mobilizing Other Believers (Inviting Others to Join Us): Jesus sending out the twelve (Matthew 10:5-15). Sending of the seventy-two disciples (Luke 10:1-9).

(Possible) Prayer Points: Multiplication of prayer efforts, Discovery of other Christians in your area, Unity among believers, Shared vision for neighborhood transformation

H. Praying for Individuals - We’re here to pray into the atmosphere. Only if the Lord leads you, ask individuals if you can pray for them. Again, this should be done quietly and not go on too long. We don’t want to embarrass them, nor make them regret that they agreed to prayer. Ask them what they need prayer for and let the Holy Spirit lead you. Our own zeal and enthusiasm are not the same as the Holy Spirit’s leading. Glance at them during the prayer to assess how they are responding. Too many times I’ve seen Christians praying with their eyes closed, not seeing the negative reactions of the person and of those standing around. Also, be sure not to use Christian phrases that they could misunderstand like, “the blood of the Lamb,” nor pray by addressing demons in a way that can frighten them or turn them off. Example: If you feel the spirit of unbelief, you can pray, “I dismiss unbelief in Jesus’ name.” The person will not know what you are doing, but if you are focusing on the demon, it does know and will have to obey (**Casting out Demons**). God’s anointing and your sincere love for them can deeply touch them and observers.

I. Final Encouraging Words - Let’s not limit our outcome by limiting our expectations of ourselves. Let’s pray and declare these verses over ourselves:

1. “Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us” (Ephesians 3:20).

2. “And this (we) pray, that (our) love may abound still more and more in knowledge and all discernment” (Philippians 1:9).

3. “... that (we) may be filled with the knowledge of His will in all wisdom and spiritual understanding; that (we) may walk worthy of the Lord, fully pleasing Him, being fruitful in every good work and increasing in the knowledge of God; strengthened with all might, according to His glorious power” (Colossians 1:9-11).

4. (We) can do all things through Christ Who strengthens (us) (Philippians 4:13)!

J. What does God want to bring about through us?

1. Fruitfulness, multiplicity and a supernatural harvest for His Kingdom!

2. A San Francisco Bay Area Revival and a World-wide Revival of one billion souls!

3. God’s Reset: Revival of His Church; Restoration of our God-given Rights, Power, and Authority; and Reformation of the Nations

4. Preparing the Way for the Return of Jesus Christ, our Lord and King!!

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