



The Third Eye, The Holy Spirit, and The Truth

By Karen Sue Nyquist

1. What is the Third Eye and who is the Holy Spirit? - “The third eye (also known as the inner eye) is a mystical and esoteric concept referring to a speculative invisible eye which provides perception beyond ordinary sight” (Wikipedia, the online encyclopedia). In other words, the third eye is supposed to help one see and understand hidden spiritual truths. When someone is following New Age, Hinduism, Buddhism, or other mystical paths, they are told to focus on their “Third Eye” and meditate in order to see more truth, becoming more enlightened. The Holy Spirit is the Spirit of the God of the Bible. He is also called the Spirit of truth. The Lord Jesus Christ, God’s Son, said of the Holy Spirit, “He will guide you into all truth” (John 16:13).

2. Most people want to know truth. - What is good? What is evil? Are there many gods or only one God? If God exists, how do we find Him? Are there angels, demons? Are there higher levels of enlightenment? We have many questions. How do we get true wisdom in order to know the truth? **What truths do we already know?** - We know that goodness exists, because we have all experienced goodness. Love, joy, peace, kindness, mercy, forgiveness, all of these are aspects of goodness. We all should know that evil exists. Just looking around us, we see hatred, lies, crime, theft, violence, rape, murder, war. Yes evil exists. These two truths are evident.

3. What does the Bible say about goodness and truth? - The Holy Spirit wrote the Bible as He inspired men of God (2 Timothy 3:16). The Bible points to God as the source of truth and goodness. All of God’s Word is truth (Psalm 119:160). “Every good gift and every perfect gift is from” God who never changes (James 1:17). The Lord God is abounding in goodness and truth (Exodus 34:6). **What does the Bible say about evil and truth?** - The Holy Spirit, through the Bible, shows us that Satan is the embodiment of evil, along with his fallen angels who also sinned (2 Peter 2:4; Jude 1:6). Satan is even called “the evil one” (1 John 5:19) and “that serpent of old, called the Devil and Satan” (Revelation 12:9). The Lord Jesus Christ said that Satan “does not stand in the truth, because there is no truth in him. When he speaks a lie, he speaks from his own resources, for he is a liar and the father of it” (John 8:44). So evil and lies are opposing good and truth.

4. There is a continual spiritual war between good and evil, truth and lies. - Since the very beginning, people have wanted to have wisdom, to have enlightenment about spiritual truths. God wants us to grow in the knowledge of truth (2 Peter 3:18). Jesus said, “And you shall know the truth, and the truth shall make you free” (John 8:32). But the Bible shows us that Satan wars against God’s goodness and the truth. Satan focuses on our natural desire for learning truth and has instituted a 4 step evil plan to sow seeds of doubt about God. Satan is a master at deception and can transform himself into various forms, even into “an angel of light” (2 Corinthians 11:14). To deceive Eve, he transformed himself into a serpent and had a conversation with her.

a) The first step of Satan’s evil plan is to cause doubt in God’s Word. - “Now the serpent was more cunning than any beast of the field which the Lord God had made. And he said to the woman (*Eve*), ‘Has God indeed said, You shall not eat of every tree of the garden?’ ...” (Genesis 3:1-3). Today, Satan and his demons are still causing people to doubt God’s word, the Bible, and the leading of His Holy Spirit.

b) The second step is to lie, contradicting God’s Word, and deceiving us by offering other “truths.” - “And the woman said to the serpent, ‘We may eat the fruit of the trees of the garden; but of the fruit of the tree which *is* in the midst of the garden, God has said, ‘You shall not eat it, nor shall you touch it, lest you die.’ Then the serpent said to the woman, ‘You will not surely die....’” (Genesis 3:2-4). For thousands of years, Satan and his demons, who act as “spirit guides,” have presented other ideologies and religions as alternative truths or additional truths. Yet, God’s Word says that His **Holy Spirit** is the Spirit of truth, He never contradicts God’s Word. Only the **Holy Spirit** will lead us into truth.

c) The third step is to attack God’s character. - Satan added, “For God knows that in the day you eat of it your eyes will be opened, ...” (Genesis 3:4-5a). Here Satan is insinuating God is not good, He is withholding something good, withholding spiritual truths or spiritual enlightenment from us. Yet, the Bible says, “No good *thing* will He (*the Lord God*) withhold from those who walk uprightly” (Psalm 84:11).

d) The fourth step is to say we can become like God. - Satan continued, “and you will be like God, knowing good and evil...” (Genesis 3:5b). Satan is saying that you don’t even need God, you can find spiritual truths on your own. Some religions teach that through focusing on our **Third Eye**, meditating, and following various religious practices, we can achieve higher levels of enlightenment, even becoming like gods, or becoming one with god, or even



becoming a god. But God is holy, perfect, pure, all-knowing, all-powerful, all-present, and creator and ruler of the universe. No amount of our efforts can make us become like or equal to Him. God said, “I *am* the Lord, and *there is no other; There is no God besides Me*” (Isaiah 45:5). If you have ever depended on your Third Eye for enlightenment, renounce it. Tell God you’re sorry and turn only to the Holy Spirit who’ll guide you through life and will reveal God’s truth in His word, the Bible. The Holy Spirit will also give you discernment, so you can discern what’s God’s voice and what are demonic lying voices. Also, the gifts of the Holy Spirit reveal truth to us (1 Corinthians 12:1, 8-11).

5. This evil, deceptive plan works! - “So when the woman saw that the tree was good for food, that it was pleasant to the eyes, and a tree desirable to make *one* wise, she took of its fruit and ate. She also gave to her husband (*Adam*) with her, and he ate. Then the eyes of both of them were opened” (Genesis 3:6-7). Depending on their human wisdom and on Satan’s lies, caused them to be deceived. Yes, both Eve and Adam’s eyes were opened. They gained knowledge, but not what they had expected. Before, they had only known good, now they knew sin and evil. Their spirits died that day and their bodies started aging and dying, just as God had said. Their disobedience had many negative consequences, just as our disobedience to God and His Word bring negative consequences to us. The good news is that we can repent, then obey God and His word, which brings His blessings!

6. Satan and his demons are still spreading evil and lies. - The Bible says,

- a) “that serpent of old, called the Devil and Satan, who deceives the whole world” (Rev. 12:9).
- b) “We know ... that the whole world is under the control of the evil one (*Satan*)” (1 John 5:19).
- c) “whose minds the god of this age (*Satan*) has blinded, who do not believe, lest the light of the gospel of the glory of (*Jesus*) Christ, who is the image of God, should shine on them” (2 Corinthians 4:4).

7. What is the gospel of the Lord Jesus Christ? - Jesus says, “I am the way” (John 14:6). The gospel is a different, better way, the way of truth. It’s the good news that Jesus came to save us from a life of sin, lies, and deception, giving us a better life here on earth and eternal life in heaven. “For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life” (John 3:16). Jesus died to pay for our sins. Speaking of the love He has for us, He said, “Greater love has no one than this, than to lay down one’s life for his friends” (John 15:13). He wants to be our Lord, Savior, and our Friend.

8. The Holy Spirit leads us to Jesus Christ, the embodiment of God and of truth. Jesus said, “the Spirit of truth who proceeds from the Father (*God*), He will testify of Me” (John 15:26). “He (*Jesus*) is the image (*the embodiment*) of the invisible God” (Colossians 1:15). Jesus said, “He who has seen Me has seen the Father” (John 14:9). “Jesus said to him, ‘I am **the way, the truth, and the life.** No one comes to the Father (*God*) except through Me’” (John 14:6). “... God our Savior, who desires all men to be saved and to come to the knowledge of the truth” (1 Timothy 2:3-4). The Holy Spirit leads us to chose Jesus’ way, leaving our previous way.

9. Why is it hard for some of us to believe the truth of the gospel? Some may want to hold onto some of our previous beliefs and our old way (such as the Third Eye) that are contradicting the Bible. Some may want to believe that we can save ourselves by becoming more enlightened or by doing good works. We might even be proud of the progress we believe we have been making. But the Bible says, “For by grace you have been saved through faith, and that not of yourselves; *it is* the gift of God, not of works, lest anyone should boast” (Ephesians 2:8-9). God’s Word also says, “you should no longer walk as the rest of the Gentiles (*unbelievers*) walk, in the futility of their mind, having their understanding darkened, being alienated from the life of God, because of the ignorance that is in them, because of the blindness of their heart” (Ephesians 4:17-18). Jesus said, “I am the light of the world. He who follows Me shall not walk in darkness, but have the light of life” (John 8:12). Jesus invites us to come to Him and follow Him in His way (Matthew 4:19, 11:28).

10. Do you want to follow Jesus, receive the Holy Spirit, and learn God’s truth? Come visit our church where You can learn how. “... the God of our Lord Jesus Christ, the Father of glory, may give to you the spirit of wisdom and revelation in the knowledge of Him, the eyes of your understanding being enlightened” (Ephesians 1:17-18). We hope to see you soon!

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